



2025 ADULT FAITH & LAY FORMATION EVENT

Holy Family

RETREATS & PILGRIMAGE

Saturday, March 15th | 9:00 a.m. - 3:00 p.m. | St. Joseph Parish, Owatonna, MN

St. Joseph: The Just Man

“[A]n Angel of the Lord appeared to him in a dream saying, ‘Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit.’”


-Matt. 1:20

About this Retreat

On this adult faith and lay formation retreat, Catholics will have the opportunity to encounter, ponder, and grow in deeper relationship and devotion to the Guardian and Head of the Holy Family, St. Joseph. Sacred Scripture reveals very little of St. Joseph and his life. In fact, in all instances where the foster father of Christ is present, St. Joseph remains silent. Nevertheless, Sacred Scripture describes St. Joseph as “a just man” (Matt. 1:19), whom the Lord’s angel identifies as “Son of David” (Matt. 1:20; cf. Luke 1:27; 2:4), and what he does do during his brief appearances illustrates the invaluable and impactful role he has in the Holy Family and in Salvation History. It has resulted in the attribution of many honorary titles to St. Joseph, some of which are “Pillar of families” and “Patron of the Domestic Church.” What can we learn from St. Joseph’s life and how can we emulate his holiness and virtues in the world through our respective vocations? May Catholics on this retreat be filled with every joy, grace, and consolation from the Lord through the Most Chaste Heart of St. Joseph!

Keynote Speaker: Msgr. Thomas Melvin

Msgr. Thomas Melvin was ordained a priest for the Diocese of Winona-Rochester in 2001. Since his ordination he has served in numerous administrative and pastoral assignments and currently is the pastor of St. Joseph the Worker Parish in Mankato and Holy Family Parish in Lake Crystal. He is also the Priest Delegate of the Bishop at Loyola Catholic School and Auditor for the Marriage Tribunal. Msgr. Melvin has done post ordination education in the Spirituality of the Diocesan Priesthood, training in spiritual direction, and retreat ministry, specifically in the Exercises of St. Ignatius of Loyola.



Bishop Robert Barron will be attending the St. Joseph Retreat. He will be presiding over this retreat’s Mass and during lunchtime, he will eat and visit with retreatants.



Retreat Schedule

9:00 a.m.

Initial Gathering
Breakfast Snacks
Opening Prayer

9:30 a.m.

Keynote Talk I

10:30 a.m.

BREAK

10:45 a.m.

Small Group Discussion

11:15 a.m.

Mass with Bishop Robert Barron

11:50 a.m.

LUNCH

12:45 p.m.

Keynote Talk II

1:15 p.m.

Eucharistic Adoration
Confession

2:20 p.m.

Small Group Discussion
Closing Prayer

3:00 p.m.

Retreat Concludes